

# NAVIGATING THROUGH CHALLENGING TIMES

## FROM TRYING TO MANAGE TO LEADING WITH PURPOSE A NEW ONLINE 100-DAY CURATED LEADERSHIP GROWTH PROGRAM

**The times are challenging us to grow, or to be left behind.**

After these 100 days you will be able to manage your own motivation level and resilience; you will feel a deep sense of personal purpose; you will feel confident about how to build and increase trust to enhance relations and performance; and you will understand how you can activate your new knowledge, insight and skills to strengthen your capacity to connect, collaborate, and lead beyond the challenges of these times - into a new future.

**This 100-day online growth program is designed specifically to help you build necessary skills, resilience and growth mindset to navigate challenging times.**

**Join this new online program if you want to:**

- Grow your resilience and ability to maneuver in challenging times
- Experience how your natural, authentic presence will shift the idea of performance as well as your outcomes
- Explore Human Performance Leadership
- Raise your awareness of what the future wants from you as a leader



Change has been underway for some time and we are now hitting the steeper part of the curve. We are challenged by uncertainty, complexity and volatility, and more than ever before, changes are calling forth in us what is most innately human: we reconnect with greater intentionality; we care for each other with greater intentionality; and we get how we are all connected, interdependent on a global scale.

Times of turbulence are excellent for development and growth; learning does not happen in our comfort zone. Turbulence disrupts old patterns, opens new questions, and challenge us to rise to the occasion.

**Evolution, human development, never stops. We learn. We grow.**

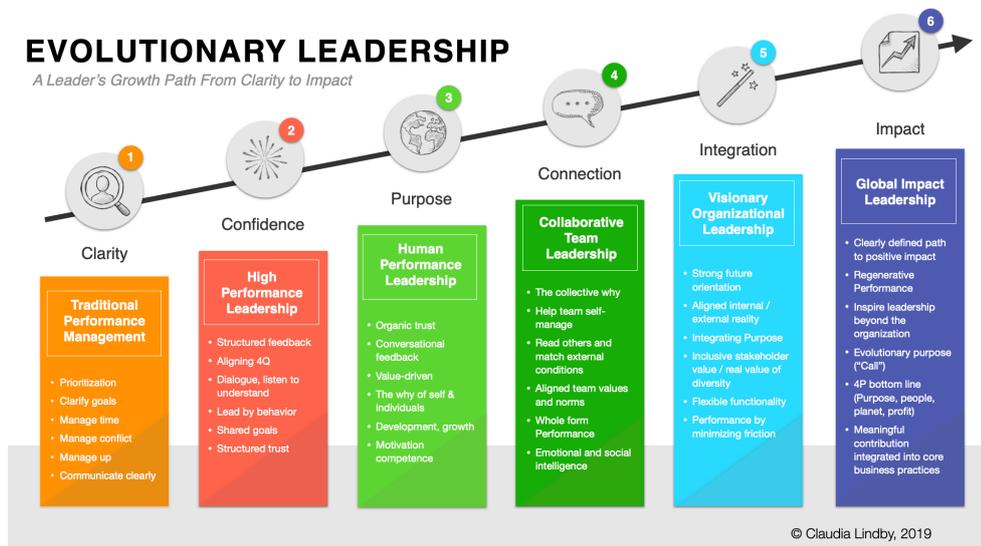
**Make a commitment to yourself** to seize the opportunity of these times to make a shift.

**Become intentional** about your personal leadership growth and invest yourself in building personal capacity and resilience to match the challenges of our volatile, uncertain, complex and ambiguous (VUCA) world.

**Decide now** to prepare for the time after the current crisis – because “before” and “after” are bound to be different.

**BY INVITATION ONLY:**

We will gather in a small group of selected like-minded, growth oriented and successful human beings, and create a safe space to take advantage of getting access to the strongest possible collective mind, as well as the peer support that accelerates learning and change.



We will use the **Evolutionary Leadership methodology**© to raise our awareness of our current leadership approach, and to gain insight into what comes next as we become intentional about navigating through, to the next level. With the Evolutionary Leadership methodology© we will explore trust, purpose and motivation capacity and integrate these concepts and tools in a new, future-fit performance leadership approach.

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## FROM TRYING TO MANAGE TO LEADING WITH PURPOSE

### **GROWTH PROGRAM CONTENT**

#### ***Module 1: Knowing your Motivation Strategy***

Resilience springs from internal motivation and our ability to manage it for ourselves. Knowing how to make a conscious choice to stay highly motivated, also through turbulence and in the face of resistance, and what to do practically to sustain your motivation. Learn the steps to take you beyond energy drainers, understand how your key values and needs can work for your motivation level, and tap into your strengths to build personal capacity and resilience.

#### ***Module 2: Expressing your Purpose***

Purpose is already in high demand from consumers, clients, talent, workforce, investors – all stakeholders. Purpose is linked to trust; we are asking, “Do I trust this person?” “Do I trust this company to want to do good?” “Do I trust the intention?” And this is the core of a purpose statement that must be well integrated in everything you do in the organization.

However, the most important purpose is your personal purpose; everything starts from the question “Why are you here?” and “What do you aspire to?”. Become clear on your personal purpose and formulate a robust purpose statement that can guide your actions; gain confidence in how it relates to your work, to the people you work with, your team, your organization – and to the ecosystem you are a part of.

#### ***Module 3: Mastering how to build Trust***

Trust is one major building block of performance, but it is also fundamental to what it means to be human. In our very first neural activity in the most basic parts of our brain we are wired to scan for trust, and in human collaboration leading to any kind of performance, trust is the foundation that we stand on. There are a couple of things we know from neuroscience about trust and the most important thing is that you can build trust. You can choose trust by becoming aware of how you interact with another person, learn how to do that in a way that promotes the relation and the collaboration that springs from it.

## **STRUCTURE AND TIME INVESTMENT OF THE GROWTH PROGRAM**

The 100-day online growth program consists of an Onboarding session, 3 Modules, and a future-focused wrap-up.

Each of the **3 modules** lasts 30 days; a module comprises:

- One 90-minute group gathering
- One 30-minute individual check-in with me
- Exercises to complete after each module
- Working with a growth partner from the group, between modules
- Additional resources to support you: selected articles, podcasts, and videos

### **10 steps to build Clarity, Confidence and Purpose:**

1. Explorative conversation for mutual fit and clarifying aspirations
2. Individual onboarding session with me (60 minutes)
3. **Individual assessment 1:** your Growth Path™
4. Group onboarding meeting
5. **Module 1:** Knowing your Motivation Strategy
6. **Individual assessment 2:** Motivation level and Motivation Competence
7. **Module 2:** Expressing your Purpose
8. **Module 3:** Learning how to build Trust
9. **Individual assessment 3:** your Growth Path™ revisited – status
10. Individual wrap-up session with me (60 minutes) including your personal action plan (with clear next steps for taking your new knowledge, insight and skills into the world.